



NSGP

Northeastern Society for Group Psychotherapy

ONE-YEAR TRAINING PROGRAM 2009–2010

Competence as a group therapist requires special knowledge and skills. The in-depth learning and experiences essential for group leadership are not often available in the course of mental health training. More than thirty years ago the Northeastern Society for Group Psychotherapy (NSGP) created a program to train group therapists. This nationally recognized program offers both didactic and experiential training in group psychotherapy.

The NSGP Training Program has four fundamental components: experiential group membership, didactic and role play weekends, conference participation and mentoring through preceptor relationships. Professionals from a wide variety of work settings and experience levels participate. Students may choose to complete the entire program or attend selected courses. A certificate is awarded upon completion of all requirements for the one-year program.

Training Groups

In the training year, students participate in a weekly experiential training group to learn the basics of group leadership and group dynamics.

Courses

Every other month course weekends will include a day of didactic teaching and a day of role play.

Preceptor Meetings

Meeting with a preceptor is a special feature of this program that is required. Preceptors are senior members of NSGP who can discuss professional development issues related to training as a group psychotherapist. Preceptors also serve as a liaison between the Training Committee and students.

Conference

As a part of the Training Program, two full days of attendance are required at the NSGP annual June conference.

Eligibility

All mental health professionals are invited to apply. Applicants will be interviewed upon receipt of an application.



2007–2008
Program Participants



The Program

Courses:

- Foundations of Group Therapy
- Group Dynamics
- The Change Process in Groups
- The Role of the Leader
- Structured and Thematic Treatment Groups

Weekly Experiential Group

Conference

Preceptor meetings

NSGP Training Committee

Kelley Bothe
LICSW, CGP, Co-Chair

Alan Witkower
EdD, CGP, Co-Chair

Julie Anderson
PhD, CGP

Debra S. Filiurin
LMHC, CGP

Geri Reinhardt
LICSW

Scott Reinhardt
PhD, CGP

Marsha Vannicelli
PhD, CGP, FAGPA

Robert L. Weber
PhD, CGP, FAGPA

COURSE WORK

The Northeastern Society for Group Psychotherapy (NSGP) Training Program is a concentrated, psychodynamically oriented training program designed to accommodate therapists in clinics, agencies, and private practice. The training is structured to provide a foundation of competency in conducting both long-term and time-limited group therapy. The training program consists of a series of two-day weekend courses, a weekly experiential group, two days attendance at the Annual NSGP Conference, and preceptor meetings. Saturday courses are primarily didactic. Sunday courses are primarily group role play informed by Saturday's topic.

This program meets the course work requirements for the National Registry of Certified Group Psychotherapists (CGP). Please note, there are two additional requirements for CGP listing: (1) 300 hours of group psychotherapy experience as a leader or co-leader accrued during or following clinical graduate training; (2) 75 hours of group psychotherapy supervision accrued during or following clinical graduate training.

FACULTY:

Alan Albert, PsyD, CGP
Private Practice, Newton Centre, MA.

Sara Emerson, LICSW, CGP, FAGPA
Private Practice, Cambridge, MA; Adjunct Faculty, Boston College Graduate School of Social Work; Faculty, Boston Institute for Psychotherapy.

Jerome Gans, MD, CGP, FAGPA
Distinguished Life Fellow of the American Psychiatric Association; Associate Clinical Professor of Psychiatry, MGH; Editor, Group Circle (Newsletter of AGPA)

Peter Gumpert, PhD, CGP
Private Practice, Brookline, MA; Principal, GLS Consulting, Inc.

Barbara McQueen, MSW, LICSW
Adjunct Faculty, Simmons School of Social Work; Consultant, Social Work Department, Beth Israel Deaconess Medical Center; Private Practice, Brookline, MA.

Lise Motherwell, PsyD, CGP, FAGPA
Past-president, NSGP; Instructor, Harvard Medical School; Faculty, Center for Psychoanalytic Studies, MGH; Private practice, Brookline, MA

Cecil Rice, PhD, CGP, FAGPA
Past-President, NSGP; President, Boston Institute for Psychotherapy; Associate Editor, International Journal of Group Psychotherapy; Private Practice, Needham MA.

J. Scott Rutan, PhD, CGP, DFAGPA
Past President, AGPA & NSGP; Founder, Center for Group Psychotherapy, Massachusetts General Hospital; Co-Founder and Senior Faculty, Boston Institute for Psychotherapy

Judy Silverstein PhD, CGP
Private Practice, Needham, MA.

Annie Weiss, LICSW, CGP
Faculty, Boston Institute for Psychotherapy; Adjunct Faculty, Boston College; Private Practice in Newton & Cambridge, MA

Marianne Zasa, LICSW, CGP, FAGPA
Private Practice, Newton, MA; Member, Group Solutions Network

Ellen L. Ziskind, LICSW, CGP
Private Practice, Brookline, MA; Program Assistant, Internal Family Systems, Watertown, MA

Course Schedule: Year 2009/2010

Orientation:	Sunday, September 13, 2009
Experiential Group begins:	September 17, 2009. Mariane Zasa. Thursday Mornings, 8 – 9:15 a.m.
Weekend Courses:	October 3 and 4, 2009, Scott Rutan and Cecil Rice November 21 and 22, 2009, Annie Weiss and Judy Silverstein January 23 and 24, 2010, Jerry Gans and Sara Emerson March 20 and 21, 2010, Peter Gumpert and Ellen Ziskind May 15 and 16, 2010, Barbara McQueen and Alan Albert
NSGP 2010 Conference:	June 2010. Two full days of attendance required.
Graduation:	Sunday evening on the weekend following the June conference.

Call: **617-484-4994**, or download an application: **www.nsgp.com**. Application due by August 1, 2009.
Northeastern Society for Group Psychotherapy, Inc., PO Box 356, Belmont, MA 02478-3201